



New!

Understanding
Pregnancy Curriculum

**See pages
10-11**



Real Perinatal Teaching Solutions

2025 Product Guide

Multi-Format • Customizable • Evidence-Based
Multiple Languages • Accessibility Features

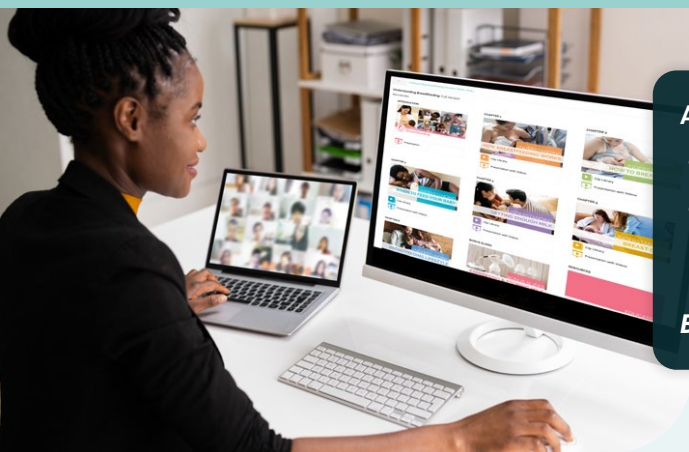
InJoyHealthEducation.com • 800.326.2082



**Stay in
touch!**



InJoyHE.com/signup



Available Libraries:

- Understanding Birth
- **NEW!** Understanding Breastfeeding & Your Newborn

Bundle both & save!

Educator Media Libraries: Present Easily with Online Videos & Slides

See pages 12, 14 & 18 for titles. Call for bundle information.

Updated & Redesigned Curriculums!
Available Spring 2025



Understanding Pregnancy

Includes all new videos!

See pages 10-11.

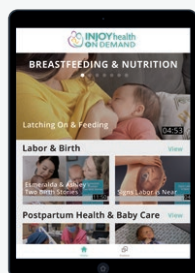


Understanding The NICU & Your Baby

Includes redesigned book in English & Spanish, plus an updated video!

See page 21.

New Product!



Home Visitation Video Library

Perfect for public health agencies!

See page 26 for more information.



Complete Postpartum Teaching Solution



Provide the following during the 3rd trimester:

Perfect with pre-registration! Preparing For Your Hospital Stay & Recovery: Express Online Module (See page 17 for more information)



Teach at the bedside with the following products that parents take home to continue learning:

Customizeable discharge book! Understanding Postpartum Health & Baby Care: Book + Guided Learning Web App (See page 16 for more information)



Discharge education for special situations! Understanding Self-Care After Birth Web App & Video Program (See page 17 for more information)

Table of Contents

2 New From InJoy	20 Perinatal Loss Resources
4 Curriculum Overview & Customization	21 Specialty Curriculums
6 Curriculum Formats	27 Additional Video Products
10 Core Curriculum Details	30 Educator Resources
	31 Index of Product Titles

InJoy is now a trusted partner of 
International Childbirth Education Association

Our Complete Curriculumms

InJoy’s multi-format curriculumms help your organization deliver consistent, evidence-based information at every point of care.

We’ve got you covered! Our curriculumms span pregnancy to parenthood and are available in print and digital formats. Plus, we update the content regularly and provide digital product support, allowing you to focus on what you do best—caring for families!

Learn More About Our Curriculumms

Call 800.326.2082 or visit our website at InJoyHealthEducation.com/Complete-Curriculumms



Core Curriculum Titles

- 

Understanding Pregnancy
Page 10
- 

Understanding the NICU & Your Baby
Page 21
- 

Understanding Birth
Page 12
- 

Understanding Your Multiples
Page 22
- 

Understanding Breastfeeding
Page 14
- 

Understanding Infant & Child Safety
Page 23
- 

Understanding Postpartum Health & Baby Care and Postpartum Solution Products
Page 16
- 

Understanding Fatherhood
Page 24
- 

Understanding Your Newborn
Page 18
- 

Understanding Grandparenting
Page 25



Curriculum spans topics and formats. Learn more on pages 10-25.

Our Content. Your Brand.

Customize our curriculumms to reflect your brand and unique message! InJoy’s flexible options allow you to share your story, tell parents all you have to offer, and keep your name front and center. Rely on the expertise of our team to help you tailor your education solution and get you up and running quickly. Print and digital formats can be customized.



Your brand could be here!

Create your custom solution in 3 easy steps!

- 1

Choose your topics & formats
- 2

Request a preview
- 3


Brand & customize your solution

Call 800.326.2082 to learn more about customization options.

Available Curriculum Formats

InJoy’s curriculum materials are designed for a wide range of teaching settings. Consistent, evidence-based education is presented across formats, so you can feel good knowing that everyone is receiving the same information.


Formats Used by Educators



Video on DVD & USB

Explain concepts clearly and spark conversations.

Usage: Prenatal classes, Private sessions, Bedside education



PowerPoint

Standardize your teaching using customizable slides with embedded videos.

Usage: Prenatal classes, Private sessions




Educator Media Library

Present engaging videos and slides on demand from a convenient website.

Usage: Prenatal classes, Private sessions


Formats Used by Parents



Books + Web Apps

Provide a printed reference to reinforce your teaching—each book includes a web app with videos!


Usage: Prenatal classes, Private sessions, Bedside education



Web Apps

Provide a paperless mobile reference guide full of videos and tools.

Usage: Prenatal classes, Private sessions, Bedside education




Online Education

Reach more expectant parents in your community by offering self-paced online eClasses.

Usage: Independent learning, Blended prenatal classes (see page 8), Antepartum units

Additional Formats



Digital Delivery Licensing & On-Demand Streaming

Distribute video content through your facility’s patient education system or classroom intranet. Or, present videos using InJoy’s on-demand streaming platform.

Usage: Bedside education, Prenatal classes, Private sessions



Reference Materials for Parents

InJoy’s complete line of books + web apps provides commercial-free reference material on a variety of topics to accompany class and bedside learning.

Each colorful book includes a companion web app with a video library and practical tools for families to use from their own phone, tablet, or computer. QR codes, access instructions, and a unique redemption code are printed in each book.

Education you can trust.

- Reviewed and updated regularly
- High-quality videos explain concepts
- Average 6th grade reading level with plain language and images that represent a variety of families
- Professionally designed and ready to use
- Reinforce your teaching using two formats



See pages 10-21 for specific titles



Online Education

InJoy's Suite of eClasses

Including self-paced online eClasses in your education program alongside virtual and in-person classes allows you to **reach more parents**.

The eClasses are even branded to your organization and include information about your services. We create and update the classes—you enroll parents as you normally do and just send them the eClass link!

Different ways to offer eClasses:

- **Self-Directed eClass:** Learners take the eClass working at their own pace and time, independent from a live class.
- **Blended Class:** Learners complete the eClass first, followed by a short in-person or virtual class with an educator. **Ask us about our new Blended Learning Lesson Planner!**

Who can you reach with InJoy's eClasses?



Busy Families



Digital Natives



Non-English Speakers



Parents on Bed Rest

InJoy's eClasses Make the Grade!

- ✓ Confidence levels increased by 25-50% after taking the eClass
- ✓ 85% rated the eClass as outstanding or very good
- ✓ 91% felt the amount of time and effort was just right

These numbers reflect survey answers from approx. 7,000 eClass learners throughout the country.

Classes come standard with access in 8 languages at no additional cost:

English	Portuguese	German	Arabic
Spanish	Chinese	French	Japanese

Core Classes

Offer your general curriculum to a wide audience.

- Understanding Birth ([see page 13](#))
- **New version!** Understanding Breastfeeding ([see page 5](#))
- **New version!** Understanding Your Newborn ([see page 19](#))
- **New version!** Understanding Pregnancy ([see page 11](#))
- **New version!** Understanding Postpartum Health & Baby Care ([see page 17](#))
- Understanding Infant & Child Safety ([see page 23](#))

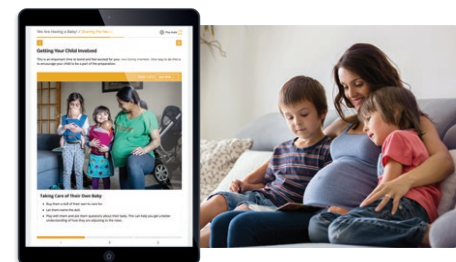
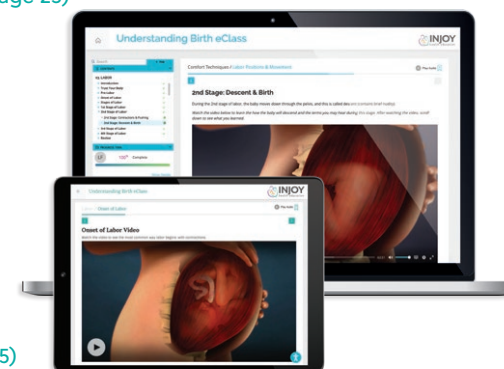
Our eClasses are video-rich, compatible with computers and mobile devices, and include accessibility features.

Put your logo here!

Specialty Classes

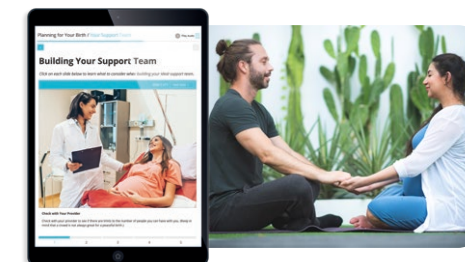
Target parents in specific situations.

- Understanding Cesarean Birth
- Understanding Your Multiples ([see page 22](#))
- Understanding Fatherhood ([see page 24](#))
- Understanding Grandparenting ([see page 25](#))



Understanding Sibling Preparation

Teaches parents how to support their child in becoming a big brother or sister, and includes fun lessons to do together.



Understanding Natural Childbirth Techniques

Highlights the philosophy behind natural childbirth and provides an in-depth practice of comfort measures for labor.

Not sure where to start? Call us at 800.326.2082

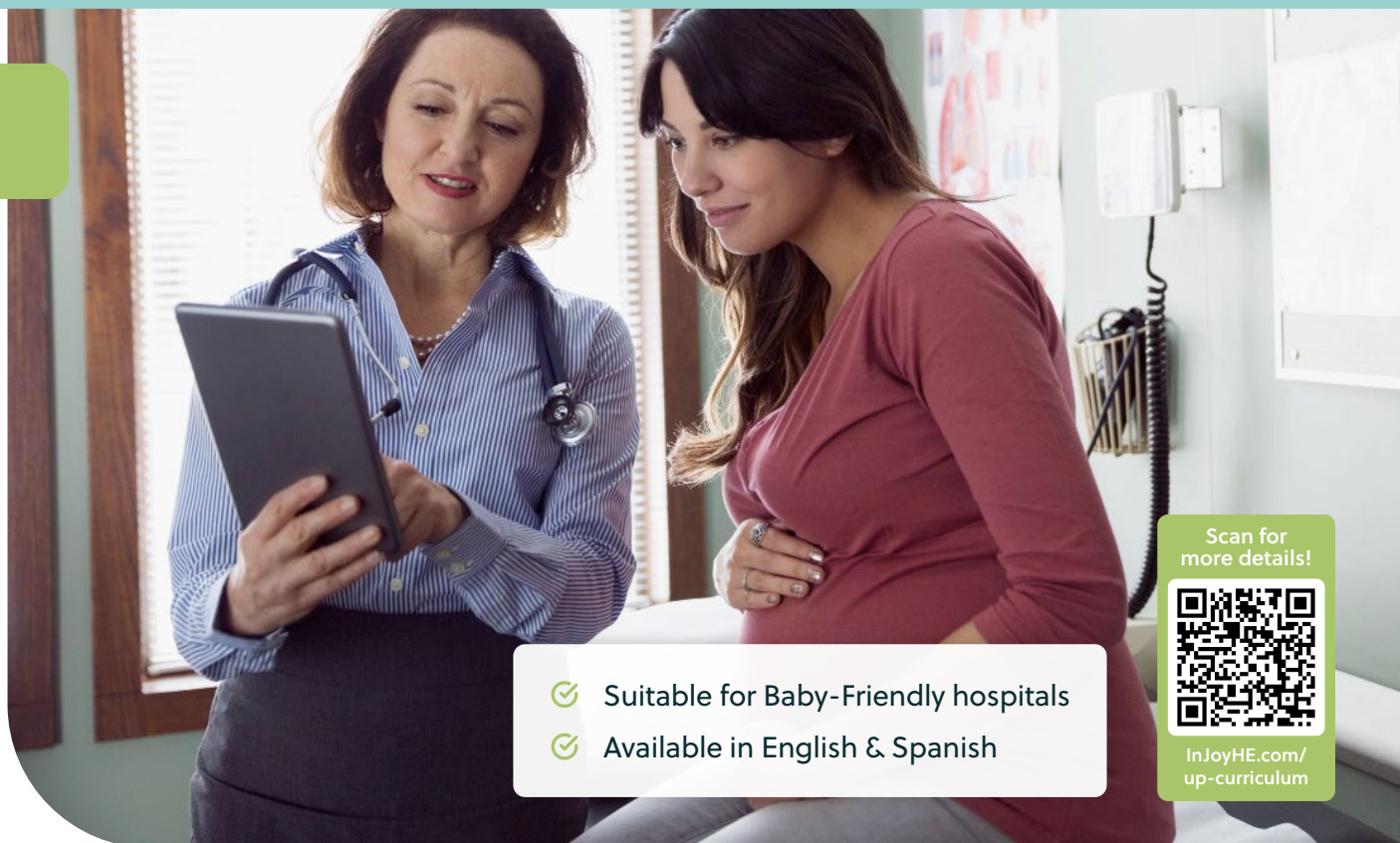


Understanding Pregnancy

InJoy's *Understanding Pregnancy* curriculum provides educators with a cost-effective, comprehensive, and engaging way to teach and inspire expectant parents to make healthy choices for themselves and their baby by sharing lifelike fetal development animations, personal stories, and the latest ACOG guidelines.

Content Includes:

- Fetal Development
- Medical Care
- Nutrition
- Exercise
- Discomforts
- Hazards
- Emotions



- ✓ Suitable for Baby-Friendly hospitals
- ✓ Available in English & Spanish

Scan for more details!



InJoyHE.com/
up-curriculum

New
Edition!



2nd Edition

VIDEO ON DVD & USB

Approx. 78 min. Includes express, trimester, and fetal animation playlists, Facilitator's Guide, and Parent Handouts

DVD or USB 2nd Edition English or Spanish **\$324.95**

DIGITAL VIDEO LICENSING

Watch the video program through your patient education system. [Call for details.](#)

2nd Edition Video Available Spring 2025

New
Design
& Web App!



PRINTED BOOK + WEB APP

REGULARLY REVIEWED & UPDATED
CUSTOMIZATION AVAILABLE

Book: 8.25" x 10.875" full-color, 52 pages

Web App: Includes videos, parent tools, eBook, checklists, resources, and more. Compatible with computers and mobile devices. Includes accessibility features. Web app available without book.

Available in English & Spanish. Affordable pricing based on quantity. [Call 800.326.2082 for details.](#)

New Design Available Spring 2025

New
Version!



ONLINE EDUCATION (eCLASS)

REGULARLY REVIEWED & UPDATED
CUSTOMIZATION AVAILABLE

Takes 3-4 hours to complete. Includes videos, on-screen text, interactive exercises, quizzes, handouts, tools, progress tracking, and completion certificate. Compatible with computers and mobile devices. Includes access in multiple languages (see page 9) and accessibility features. [Call 800.326.2082 for details.](#)

New Version Available Spring 2025



ALSO AVAILABLE:

Ask about our library for home visitors that covers pregnancy

See page 26



Understanding Birth

This go-to resource for childbirth education has been redesigned for today's parents and expanded to cover all the current teaching points and latest information.

Engaging videos, lifelike 3D animations, and personal birth stories give parents the knowledge and confidence to make informed decisions about their labor and delivery.

Content Includes:

- Pregnancy
- Labor
- Birth Stories
- Comfort Techniques
- Medical Procedures
- Cesarean Birth
- Newborns
- Postpartum



- ✓ Suitable for Baby-Friendly hospitals
- ✓ Available in English & Spanish

Scan for more details!



InJoyHE.com/
ub-curriculum



4th Edition

VIDEO ON DVD & USB

PREMIUM PACKAGE: COMPREHENSIVE 4.5 HOURS/68 CLIPS Includes extended content, express version, customizable playlists, Facilitator's Guide, and Parent Handouts.

USB 4th Edition English **\$549.95**

BASIC PACKAGE: FUNDAMENTALS 2.5 HOURS/32 CLIPS Includes Facilitator's Guide and Parent Handouts.

DVD or USB 4th Edition English **\$424.95**

DVD or USB 4th Edition Spanish **\$324.95**

DIGITAL VIDEO LICENSING

Watch the video program through your patient education system. [Call for details.](#)



4th Edition

POWERPOINT PROGRAM

INCLUDES ABILITY FOR YOU TO CUSTOMIZE!

Includes approx. 200 slides, 68 video clips with optional closed captions, User's Guide, Facilitator's Guide, and Parent Handouts. Windows & Mac compatible. Requires USB port and Microsoft PowerPoint software.

PowerPoint USB 4th Edition English **\$699.95**

PowerPoint USB 4th Edition Spanish **\$499.95**

EDUCATOR MEDIA LIBRARY

Easy-to-use educator website with video and slide-streaming library for use during virtual or in-person classes or private sessions. Available in English & Spanish. [Call for details.](#)

Best Seller!

New Format!



PRINTED BOOK + WEB APP

REGULARLY REVIEWED & UPDATED
CUSTOMIZATION AVAILABLE

Book: 8.25" x 10.875" full-color, 72 pages

Web App: Includes videos, parent tools, eBook, checklists, resources, and more. Compatible with computers and mobile devices. Includes accessibility features. Web app available without book.

Available in English & Spanish. Affordable pricing based on quantity. [Call 800.326.2082 for details.](#)



ONLINE EDUCATION (eCLASS)

REGULARLY REVIEWED & UPDATED
CUSTOMIZATION AVAILABLE

Takes 6-8 hours to complete. Includes videos, on-screen text, interactive exercises, quizzes, handouts, tools, progress tracking, and completion certificate. Compatible with computers and mobile devices. Includes access in multiple languages (see page 9) and accessibility features. [Call for details.](#)

Best Seller!



Understanding Breastfeeding

Following the International Lactation Consultant Association (ILCA) recommendations and American Academy of Pediatrics (AAP) guidelines, InJoy's evidence-based *Understanding Breastfeeding* curriculum helps improve chances of exclusive breastfeeding for a longer period of time.

Content Includes:

- How Breastfeeding Works
- Getting the Best Start
- Latching On
- Breastfeeding Positions
- When to Feed Your Baby
- Getting Enough Milk
- Breast Care
- Breastfeeding Lifestyle



- ✓ Suitable for Baby-Friendly hospitals
- ✓ Available in English & Spanish

Scan for more details!



InJoyHE.com/
ubf-curriculum

New Edition!



3rd Edition

VIDEO ON DVD & USB

44 min. Plus bonus clips on milk expression, Facilitator's Guide, and Parent Handouts. DVD or USB 3rd Edition English or Spanish **\$299.95**

DIGITAL VIDEO LICENSING

Watch the video program through your patient education system. **Call for details.**

New Edition!



3rd Edition

POWERPOINT PROGRAM

INCLUDES ABILITY FOR YOU TO CUSTOMIZE!

Includes 77 slides, 16 video clips, bonus slideshow with videos on expressing and storing milk, optional closed captions, User's Guide, Facilitator's Guide, and Parent Handouts. Windows & Mac compatible. Requires USB port and Microsoft PowerPoint software.

PowerPoint USB 3rd Edition English or Spanish **\$399.95**

EDUCATOR MEDIA LIBRARY

Easy-to-use educator website with video and slide-streaming library for use during virtual or in-person classes or private sessions. Available in English & Spanish. **Call for details.**

New Format!

New Edition!



PRINTED BOOK + WEB APP

REGULARLY REVIEWED & UPDATED
CUSTOMIZATION AVAILABLE

Book: 8.25" x 10.875" full-color, 40 pages

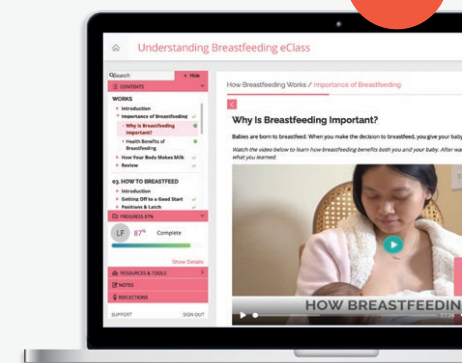
Web App: Includes videos, parent tools, eBook, checklists, resources, and more. Compatible with computers and mobile devices. Includes accessibility features. Web app available without book.

Available in English & Spanish. Affordable pricing based on quantity. **Call 800.326.2082 for details.**

NEW! TEAR PADS

50 sheets per pad, 8½" x 11" full-color. Available in English with Spanish on reverse. Includes QR code to related video. **\$29.95 per tear pad**

New Version!



ONLINE EDUCATION (eCLASS)

REGULARLY REVIEWED & UPDATED
CUSTOMIZATION AVAILABLE

Takes 2-4 hours to complete. Includes videos, on-screen text, interactive exercises, quizzes, handouts, tools, progress tracking, and completion certificate. **Call for details.**

Ask us about our online staff development program, *Practices to Increase Exclusive Breastfeeding*.

New!

- Top Breastfeeding Myths
- Why Babies Breastfeed Often
- Pumping & Storing Breastmilk





Understanding Postpartum Health & Baby Care

InJoy's *Understanding Postpartum Health & Baby Care* curriculum and Complete Postpartum Teaching Solution products make it easy for you to teach parents from pregnancy, to the bedside after birth, to home.

Content Includes:

- Warning Signs
- Patient Satisfaction
- Newborn Care & Safety
- Feeding
- Infant Development
- Special Situations: Self-Care Without Baby, Perinatal Bereavement (see p. 20), NICU (see p. 21)



- ✓ Suitable for Baby-Friendly hospitals
- ✓ Available in English and Spanish
- ✓ Digital products for patients available in multiple languages

Scan for more details!



InJoyHE.com/
uphbc-curriculum

Best Seller!



PRINTED BOOK + WEB APP

REGULARLY REVIEWED & UPDATED
CUSTOMIZATION AVAILABLE
BABY-FRIENDLY VERSION AVAILABLE

Book: 8.25" x 10.875" full-color, 52 pages

Web App: Includes learning path with extended content to 6 months after birth, videos, tools, parent polls, eBook, recurring emails, and more. Compatible with computers and mobile devices. Includes accessibility features. Web app available without book.

Book available in English & Spanish. Web app available in 8 languages. Affordable pricing based on quantity. **Call 800.326.2082 for details.**

Formula Feeding Tear Pad available.
See page 19 for details.

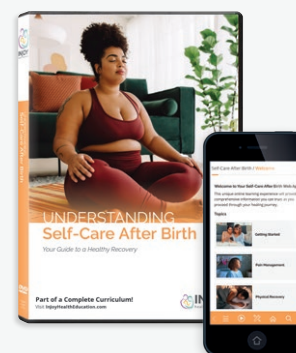
VIDEO ON DVD & USB

73 min. Includes express versions, customizable playlists (USB), Facilitator's Guide, and Parent Handouts.

DVD or USB Baby-Friendly or Standard Version
English or Spanish **\$299.95**

DIGITAL VIDEO LICENSING

Watch the video program through your patient education system. **Call for details.**



VIDEO & WEB APP

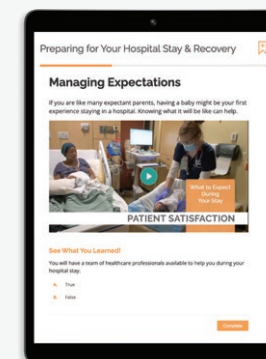
Understanding Self-Care After Birth

Sold separately, these resources are for patients leaving the hospital without their baby for reasons like adoption, surrogacy, legal issues, infant loss or if the infant is admitted to the NICU. They cover postpartum self-care in the days and weeks after birth with sensitivity to their situation by excluding information about infant care and images of newborns.

Video: 18 min. DVD or USB English or Spanish **\$249.95**

Web App: **Call for details.**

Popular!



ONLINE EDUCATION

Preparing for Your Hospital Stay & Recovery: Express Online Module

DELIVER INFO WHEN PARENTS CAN RETAIN IT

Designed for universal patient distribution during pregnancy, this concise module prepares expectant parents for a positive patient experience and educates them about postpartum and newborn warning signs. **Call for details.**

Also available:

Understanding Postpartum Health & Baby Care Comprehensive Online eClass

See pages 8-9 for details.



Understanding Your Newborn

InJoy's *Understanding Your Newborn* curriculum provides comprehensive, evidence-based baby care education for the first six weeks and beyond, helping you deliver consistent information at every touchpoint.

Content Includes:

- Newborn Traits & Behaviors
- Crying & Comforting
- Feeding
- Diapering
- Bathing & Dressing
- Newborn Health & Safety



- ✓ Suitable for Baby-Friendly hospitals
- ✓ Available in English & Spanish

Scan for more details!



InJoyHE.com/
uyn-curriculum

New Edition!



2nd Edition

VIDEO ON DVD & USB

60 min. Main program covers breastfeeding only. Includes version of program with alternative feeding methods to play at your option. Includes express versions, Facilitator's Guide, and Parent Handouts.

2nd Edition DVD or USB English or Spanish **\$299.95**

DIGITAL VIDEO LICENSING

Watch the video program through your patient education system. [Call for details.](#)

New Edition!



2nd Edition

POWERPOINT PROGRAM

INCLUDES ABILITY FOR YOU TO CUSTOMIZE!

Includes 103 slides, 20 video clips, bonus presentation with video clip on safe feeding of breastmilk substitutes, optional closed captions, User's Guide, Facilitator's Guide, and Parent Handouts. Windows & Mac compatible. Requires USB port and Microsoft PowerPoint software.

2nd Edition PowerPoint USB English or Spanish **\$399.95**

EDUCATOR MEDIA LIBRARY

Easy-to-use educator website with video and slide-streaming library for use during virtual or in-person classes or private sessions. Available in English & Spanish. [Call for details.](#)

New Format!

New Edition!



PRINTED BOOK + WEB APP

REGULARLY REVIEWED & UPDATED
CUSTOMIZATION AVAILABLE

Book: 8.25" x 10.875" full-color, 52 pages

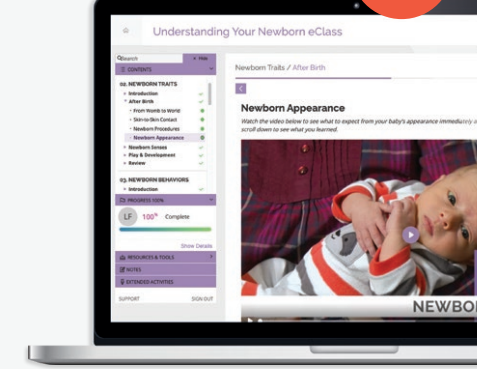
Web App: Includes videos, parent tools, eBook, checklists, resources, and more. Compatible with computers and mobile devices. Includes accessibility features. Web app available without book.

Available in English & Spanish. Affordable pricing based on quantity. [Call 800.326.2082 for details.](#)

FORMULA & BOTTLE FEEDING TEAR PADS

50 sheets per pad, 8½" x 11" full-color. Available in English & Spanish. **\$29.95 per tear pad**

New Version!



ONLINE EDUCATION (eCLASS)

REGULARLY REVIEWED & UPDATED
CUSTOMIZATION AVAILABLE

Takes 2-3 hours to complete. Includes videos, on-screen text, interactive exercises, quizzes, handouts, tools, progress tracking, and completion certificate. Compatible with computers and mobile devices. Includes access in multiple languages (see page 9) and accessibility features. [Call for details.](#)



A Guide to Grief & Healing After the Loss of Your Baby

Help families understand the grief process and navigate the difficult choices they'll need to make after the loss of their baby. Includes personal video stories and links to support resources.

Content Includes:

- First Steps (Creating Memories, Considering Breastmilk Donation, Deciding About an Autopsy & Services)
- Your Grief Journey (Stages of Grief, Healthy Coping, Getting Help, Partners)
- Postpartum Care (Physical Changes, Cesarean Recovery, Emotions, Breast Care, Warning Signs)



Understanding the NICU & Your Baby

With the current emphasis on family-centered care in the NICU, you need an effective way to educate and engage a diverse group of parents. Our new curriculum helps families feel supported and empowered throughout their NICU journey.

Content Includes:

- Pumping & the Importance of Breastmilk
- NICU Staff & Equipment
- Premature Babies & Other Common Medical Conditions
- Interacting with Baby & Feeding Information
- Discharge Preparation, Self-Care for Parents, & Life at Home



PRINTED BOOK + WEB APP

REGULARLY REVIEWED & UPDATED
CUSTOMIZATION AVAILABLE

Book: 8.5" x 5.5" full-color, 24 pages

Web App: Includes videos, on-screen text, resources, and more. Compatible with computers and mobile devices. Includes accessibility features. Web app available without book.

Available in English & Spanish. Affordable pricing for organizations of all sizes. [Call 800.326.2082](tel:800.326.2082) for details.

DIGITAL VIDEO LICENSING

Watch the video program through your patient education system. [Call for details.](#)



Video on DVD and USB



Printed book + web app
Now Available in Spanish!

VIDEO ON DVD & USB

Approx. 75 min. Includes Facilitator's Guide and Parent Handouts.
DVD or USB English or Spanish **\$399.95**

[New Video Update Available Spring 2025](#)

DIGITAL VIDEO LICENSING

Watch the video program through your patient education system. [Call for details.](#)

PRINTED BOOK + WEB APP

REGULARLY REVIEWED & UPDATED
CUSTOMIZATION AVAILABLE

Book: 8.25" x 10.875" full-color, 52 pages

Web App: Includes videos, on-screen text, parent tools, eBook, checklists, resources, and more. Compatible with computers and mobile devices. Includes accessibility features. Web app available without book.

Available in English & Spanish. Affordable pricing for organizations of all sizes. [Call 800.326.2082](tel:800.326.2082) for details.



Understanding Your Multiples

Expand your education program and provide comprehensive information to parents expecting multiples.

Content Includes:

- Pregnancy
- Labor & Delivery
- Breastfeeding
- Postpartum Recovery & Warning Signs
- Life at Home With Multiples



Understanding Infant & Child Safety

Provide current and essential information drawn from a variety of respected safety organizations all in one reassuring curriculum.

Content Includes:

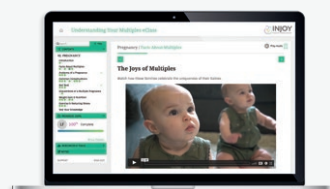
- Car Safety
- Home Safety
- Safe Baby Care
- Poisons
- Safety Products
- Emergency Preparedness



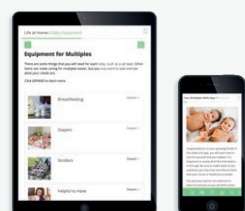
Video on DVD and USB



PowerPoint program



Online education



Web app

VIDEO ON DVD & USB

Approx. 60 min. Includes Facilitator's Guide and Parent Handouts.

DVD or USB English **\$299.95**

DIGITAL VIDEO LICENSING

Watch the video program through your patient education system. [Call for details.](#)

POWERPOINT PROGRAM

INCLUDES ABILITY FOR YOU TO CUSTOMIZE!

Includes 62 slides, 15 video clips with optional closed captions, User's Guide, Facilitator's Guide, and Parent Handouts. Windows & Mac compatible. Requires USB port and Microsoft PowerPoint software.

USB PowerPoint English **\$399.95**

ONLINE EDUCATION (eCLASS)

REGULARLY REVIEWED & UPDATED
CUSTOMIZATION AVAILABLE

Takes 3-5 hours to complete. Includes videos, on-screen text, interactive exercises, quizzes, handouts, tools, progress tracking, and completion certificate. Compatible with computers and mobile devices. Includes access in multiple languages (see page 9) and accessibility features. [Call 800.326.2082 for details.](#)

WEB APP

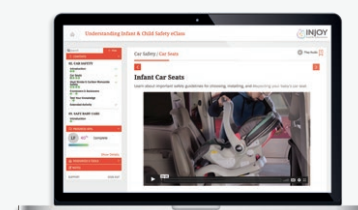
Regularly reviewed and updated. Customization available. Includes videos, on-screen text, parent tools, checklists, resources, and more. Compatible with computers and mobile devices. Includes accessibility features.



Video on DVD and USB



PowerPoint program



Online education

VIDEO ON DVD & USB

40 min. Includes Facilitator's Guide and Parent Handouts.

DVD or USB English or Spanish **\$249.95**

DIGITAL VIDEO LICENSING

Watch the video program through your patient education system. [Call for details.](#)

POWERPOINT PROGRAM

INCLUDES ABILITY FOR YOU TO CUSTOMIZE!

Includes 60 slides, 11 video clips with optional closed captions, User's Guide, Facilitator's Guide, and Parent Handouts. Windows & Mac compatible. Requires USB port and Microsoft PowerPoint software.

PowerPoint USB English **\$369.95**

ONLINE EDUCATION (eCLASS)

REGULARLY REVIEWED & UPDATED
CUSTOMIZATION AVAILABLE

Takes 2-3 hours to complete. Includes videos, on-screen text, interactive exercises, quizzes, handouts, tools, progress tracking, and completion certificate. Compatible with computers and mobile devices. Includes access in multiple languages (see page 9) and accessibility features. [Call 800-326-2082 for details.](#)



Understanding Fatherhood

Designed with input from fatherhood educators, *Understanding Fatherhood* covers pregnancy, birth, and babies from a new dad's perspective.

Content Includes:

- The Importance of Fathers
- The Pregnant Dad
- Labor & Delivery
- Baby Care
- The Postpartum Dad
- A Look Ahead at Parenting



Understanding Grandparenting

Help grandparents understand what's changed since raising their children and how they play an important role in their grandchild's life.

Content Includes:

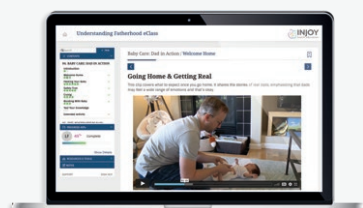
- Why Grandparents Are Grand
- Changes in Birth, Mother Care, & Baby Care
- What's New in Feeding, Health, & Safety
- Play & Milestones
- Setting Boundaries & Healthy Communication



Video on DVD and USB



PowerPoint program



Online education

VIDEO ON DVD & USB

40 min. Includes Facilitator's Guide and Parent Handouts.

DVD or USB English or Spanish **\$249.95**

DIGITAL VIDEO LICENSING

Watch the video program through your patient education system. [Call for details.](#)

POWERPOINT PROGRAM

INCLUDES ABILITY FOR YOU TO CUSTOMIZE!

Includes 60 slides, 11 video clips with optional closed captions, User's Guide, Facilitator's Guide, and Parent Handouts. Windows & Mac compatible. Requires USB port and Microsoft PowerPoint software.

PowerPoint USB English **\$369.95**

ONLINE EDUCATION (eCLASS)

REGULARLY REVIEWED & UPDATED
CUSTOMIZATION AVAILABLE

Takes 3 hours to complete. Includes videos, on-screen text, interactive exercises, quizzes, handouts, tools, progress tracking, and completion certificate. Includes access in multiple languages (see page 9) and accessibility features. [Call 800-326-2082 for details.](#)



Video on DVD and USB



PowerPoint program



Online education

VIDEO ON DVD & USB

35 min. Includes Facilitator's Guide and Grandparent Handouts.

DVD or USB English or Spanish **\$249.95**

DIGITAL VIDEO LICENSING

Watch the video program through your patient education system. [Call for details.](#)

POWERPOINT PROGRAM

INCLUDES ABILITY FOR YOU TO CUSTOMIZE!

Includes approx. 50 slides, 14 video clips with optional closed captions, User's Guide, Facilitator's Guide, and Grandparent Handouts. Windows & Mac Compatible. Requires USB port and Microsoft PowerPoint software.

PowerPoint USB English **\$369.95**

ONLINE EDUCATION (eCLASS)

REGULARLY REVIEWED & UPDATED
CUSTOMIZATION AVAILABLE

Takes 2-3 hours to complete. Includes videos, on-screen text, interactive exercises, quizzes, handouts, tools, progress tracking, and completion certificate. Includes access in multiple languages (see page 9) and accessibility features. [Call 800-326-2082 for details.](#)



Home Visitation Video Library

On-Demand Clips for Teaching New Parents

Seeing families in their home? This on-demand service streamlines showing videos during home visits with modern, user-friendly features.

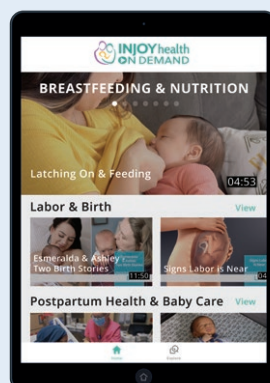


ON DEMAND

Featuring 130 evidence-based video clips and 30 handouts, it helps you support new parents through the entire duration of your program—from pregnancy to parenting. These short clips help you explain concepts, share stories, and spark conversations.

Perfect for public health agencies!

- ✓ **Easy** – Use your own teaching device, with no additional set up needed.
- ✓ **Flexible & professional** – Choose clips, save playlists, and brand it with your logo.
- ✓ **Reliable** – Play clips offline through the app if internet or cell service is unavailable.
- ✓ **Language options** – Teach more families with multi-language captions and a high-quality Spanish library.



Call 800.326.2082 for more information.

Additional Video Products

Videos in Flexible Formats

Video is an indispensable resource in your teaching toolkit! It sparks discussion and increases understanding. Most of InJoy's programs are available in your choice of 3 formats.



1 DVD

This standard digital video disc plays on a DVD player or computer with a disc drive. All DVDs feature easy-to-use menus.



2 USB

Features:

- No WiFi needed
- It's small, portable, and less likely to break
- Attractive menu makes clip selection easy
- Certain titles include the ability to create and save your own custom playlists



3 Digital Video Delivery License

Use With:

- Interactive Patient Care Systems
- Video On Demand (VOD) Systems
- Closed Circuit Television (CCTV) Systems
- Learning Management Systems (LMS)
- Password-Protected Intranet Systems

Call 1-800-326-2082 for details on digital delivery licenses.

Prenatal Care

Understanding Prenatal Nutrition DVD English or Spanish, 15 min. **\$99.95**

Alcohol & Pregnancy: Making Healthy Choices DVD English or Spanish, 14 min. **\$99.95**

You Can Quit! How to Stop Smoking During Pregnancy DVD English or Spanish, 18 min.

Clearance*: \$24.95



*Clearance titles available while supplies last



Breastfeeding & Nutrition

Breastfeeding for Working Mothers: Planning, Preparing, & Pumping DVD English or Spanish, 18 min. **\$119.95**

Childhood Nutrition: Preventing Obesity (2-Volume Set) DVD English or Spanish, 22 min. per volume **Each \$99.95 | Set \$179.90**

Titles for staff development:

Breastfeeding Best Practice: Teaching Latch & Early Management DVD English, 41 min. **\$249.95**

Managing Early Breastfeeding Challenges DVD English, 36 min. **\$249.95**



Labor & Delivery

The Stages of Labor 3rd Edition: A Visual Guide DVD or USB, English or Spanish, 34 min. **\$289.95**

Pain Management for Childbirth (2-Volume Set) Volume 1: Comfort Techniques | Volume 2: Analgesics & Epidurals DVD English or Spanish, 29 min. per volume **Each \$199.95 | Set \$349.90**

The Miracle of Birth 3 DVD English or Spanish, 51 min. **\$249.95**

The Miracle of Birth 4 DVD English or Spanish, 61 min. **\$279.95**

Positions for Labor: Maternal Movement and Optimal Fetal Positioning DVD English or Spanish, 19 min. **\$149.95**

Understanding Cesarean Birth DVD English or Spanish, 19 min. **\$199.95**
USB English, 19 min. **\$199.95**



Siblings

Super Sibling: Preparing Children for a New Baby DVD or USB English, 13 min. **\$249.95**

Our Growing Family: A Story for Brothers & Sisters DVD English, 16 min. **Clearance*: \$49.95**



Parenting BASICS DVDs

4-Volume Sets Cover 6 Topics

Nutrition • Health & Safety • Fatherhood • Emotional Health & Positive Discipline • Self-Care for Moms

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Parenting

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Preventing Abusive Head Trauma: The Crying Connection DVD English or Spanish, 15 min. **\$124.95**

How to Raise Emotionally Healthy Children (3-Volume Set) Volume 1: Babies | Volume 2: Toddlers | Volume 3: Preschoolers, Approx. 25 min. per volume **Each - \$124.95 | Set - \$299.85**

Positive Discipline: Without Shaking, Shouting, or Spanking (3-Volume Set) Volume 1: Babies | Volume 2: Toddlers | Volume 3: Preschoolers, Approx. 25 min. per volume
Each - \$124.95 | Set - \$299.85



Teen Health

The Stages of Labor 3rd Edition: A Visual Guide for Teens DVD or USB, English 3rd Edition or Spanish 2nd Edition DVD, 37 min. **\$279.95**

Healthy Steps for Teen Parents 2nd Edition (3-Volume Set)

Volume 1: Pregnancy | Volume 2: Labor & Birth
Volume 3: Postpartum DVD English or Spanish, Approx. 30 min. per volume
Each - \$199.95 | Set - \$499.85

*Clearance titles available while supplies last

Educator Resources



Get inspired! Our podcast features interviews with industry leaders who focus on transforming healthcare and improving parent education.

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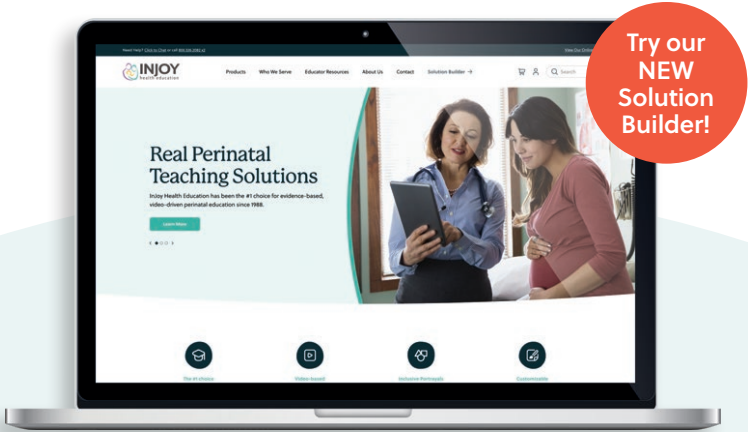
Wondering about how to split up your PowerPoint to cover the right info in the right class or how to set up a new grandparenting class? Find answers to these and other questions educators have on the InJoy Blog.

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PG	Title
28	7 Steps to Reduce the Risk of SIDS
20	A Guide to Grief & Healing After the Loss of Your Baby
27	Alcohol & Pregnancy
28	Breastfeeding Best Practice
28	Breastfeeding for Working Mothers
28	Childhood Nutrition
29	Healthy Steps for Teen Parents 2nd Edition
26	Home Visitation Video Library
28	How to Raise Emotionally Healthy Children
28	Infant Car Seat Safety
28	Managing Early Breastfeeding Challenges
28	Miracle of Birth 3 & 4
28	Our Growing Family (Clearance Item)
28	Pain Management for Childbirth
29	Parenting BASICS
28	Positions for Labor
29	Positive Discipline
17	Preparing for Your Hospital Stay & Recovery Express Online Module
29	Preventing Abusive Head Trauma
28	Stages of Labor 3rd Edition
28	Stages of Labor 3rd Edition for Teens
28	Super Sibling
12	Understanding Birth Curriculum
14	Understanding Breastfeeding Curriculum

PG	Title
9	Understanding Cesarean Birth eClass
28	Understanding Cesarean Birth USB/DVD
24	Understanding Fatherhood Curriculum
23	Understanding Infant & Child Safety Curriculum
9	Understanding Natural Childbirth Techniques eClass
16	Understanding Postpartum Health & Baby Care Curriculum
10	Understanding Pregnancy Curriculum
28	Understanding Prenatal Nutrition
17	Understanding Self-Care After Birth
9	Understanding Sibling Preparation eClass
21	Understanding the NICU & Your Baby Curriculum
22	Understanding Your Multiples Curriculum
18	Understanding Your Newborn Curriculum
28	You Can Quit! How to Stop Smoking During Pregnancy (Clearance Item)

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A convenient way to
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Understanding Pregnancy Curriculum

Details on pages 10-11

Newly Updated!



Understanding The NICU & Your Baby Curriculum

Details on page 21



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